Worksheet:

5 steps for goals of care conversations:

1. Set up the conversation:

2. Provide context for the conversation [new clinical reality]:

   Headline = Information + Meaning *(+ compassion)*

3. Explore goals/values:

   Values Triad: Longevity, Independence, Comfort

4. Affirm what you heard was most important:

   "What I hear is most important is . . . Did I get that right?"

5. Make a values-based recommendation:

   Should do:

   Might do:

   Because you said . . . , we should not do:

To print the Serious Illness Conversation Guide:

https://www.ariadnelabs.org/wp-content/uploads/2023/05/Serious-Illness-Conversation-Guide.2023-05-18.pdf

To view Vital Talk App:

https://www.vitaltalk.org/vitaltalk-apps/

Or download for free in App store: VitalTalk Tips