VOLUNTEERING: A MEANS TO……..

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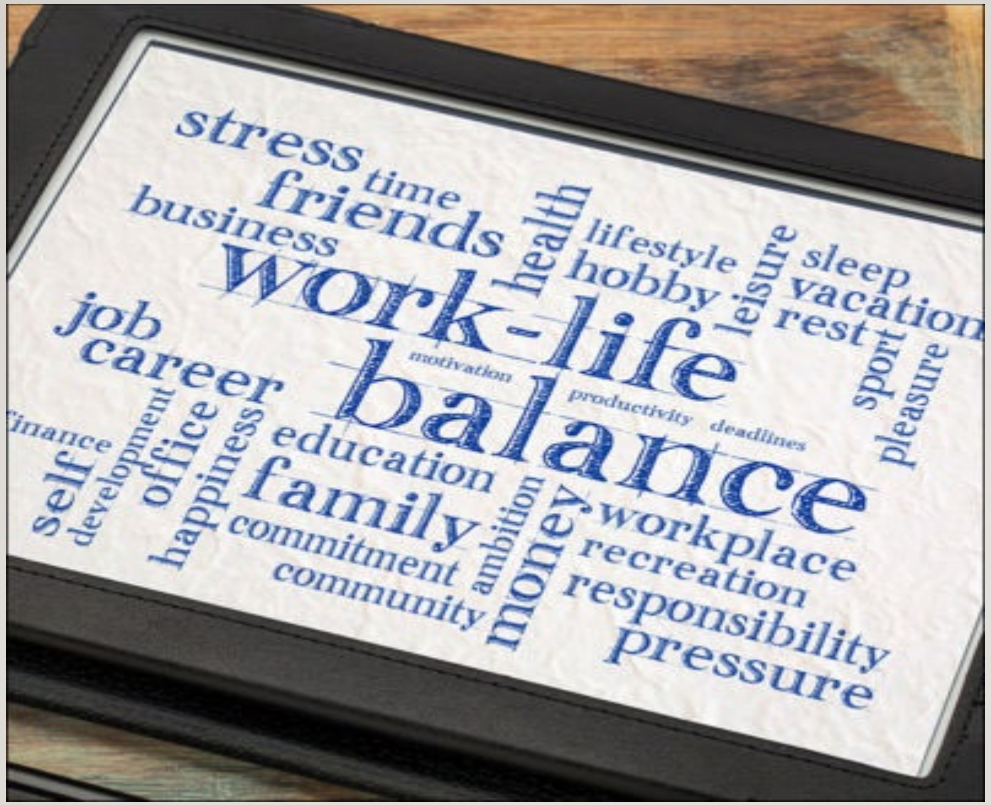
UW MEDICINE

ACP American College of Physicians Leading Internal Medicine, Improving Lives | Washington Chapter

WORK-LIFE BALANCE – IS IT ALWAYS A TRADE-OFF?



Integrating different aspects of our lives and minimizing sacrifice

4 Way Win

Professional

Personal

Community

Scholarly

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Medicaid
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orca
Public Health
Seattle & King County
washington

MOBILE DENTAL CLIN
Regen
SKC DS
Seattle King County
Dental Society
Alaska
AIRLINES

Seattle Cancer Care Alliance
Mammogram Van
15-MINUTE
WALK-INS
3D
technology
SAFEWAY

Finding Ways of creating value in The 4 Domains

Making choices about how you use your time and attention that don’t necessarily require a trade-off.

Prevented Burnout

Strength in Community partnerships

CONNECT WITH US

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